



357 Riverside Drive, Franklin TN 37064

Suite 220

CONSULTATION HIGHLIGHTS+ BREAKDOWN

Codes To Provide for Insurance:

90791 – Intake

96130 - Psychological Evaluation

90834 - Individual Psychotherapy, 45 minutes

90853 - Group Psychotherapy

90847 - Family Psychotherapy

Session Rates

Dr. Eboni Webb, PsyD, HSP	\$400 per 45-minute session
Anna Collins, M.Ed., LPC-MHSP *telehealth only*	\$200 per 45-minute session
Jack Dreher, M.Ed., LPC-MHSP *telehealth only*	\$200 per 45-minute session
Philly Hill, M.Ed., Associate Clinician	\$150 per 45-minute session
Master's-Level Interns	\$100 per 45-minute session
Family Intake with Dr. Webb (Family Village Model)	\$200 per 45-minute session
Intersession Coaching	Complimentary per 15-minutes

Each additional 15 minutes is \$66 for each rate noted above.

Village Group Rates

Groups are 75 minutes

All DBT Skills Groups	\$80/week
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Skills Group Schedule

To learn more about each group visit: www.thevillageofkairos.com/groups/

- Days, times, and location are subject to change. Each group runs for 26 weeks with open enrollment.

High School DBT Skills Group	Mondays from 4:00-5:15 pm	Location: Suite 220
Middle School DBT Skills Group	Wednesdays from 4:00-5:15 pm	Location: Suite 220
Adult Embodied Trauma Focused DBT Skills Group	Wednesdays from 5:30-6:45 pm	Location: Suite 250 or Virtual

DBT-Informed Group Participants

Participation in the DBT Skills Group without a primary DBT clinician from The Village of Kairos will be considered DBT-informed only. This means the primary therapist, who is not affiliated with The Village of Kairos, will be responsible for the overall safety and well-being of the client, there will be no coaching calls or family meetings provided by The Village of Kairos.

Our DBT Programs

Individual Adult

This is a **fully comprehensive DBT treatment model for adults**. Participation in **all components is important**, as each element plays an essential role in treatment effectiveness.

- One weekly Individual DBT session with a DBT-certified clinician
- Choice of a weekly DBT Skills Group
- **Coaching (included at no additional cost):** 5-15 minutes of phone or text support during coaching hours for between-session support. 24-hour coaching is available for urgent situations.

Family Village Model

This is a **fully comprehensive family-based treatment model**. Participation in **all components is essential for both the child and their parent(s)/caregiver(s)**, as each element plays a critical role in treatment effectiveness.

- Initial Family Intake session with Dr. Webb
- One weekly individual DBT session for the child with a DBT-certified clinician
- Choice of either the weekly DBT Skills Group **or** weekly Individual Skills Training for the child
- One weekly Parenting DBT session (frequency may be adjusted TBD by parent's clinician)
- **Family Psychotherapy - State of the Union (SOU)**
 - Every four weeks, a family psychotherapy session is held with the child, parent(s)/caregiver(s), and both the child and parenting clinicians. *Please note the cost of the SOU reflects the rates of each clinician in attendance.*
- **Coaching (included at no additional cost):** 5-15 minutes of phone or text support during coaching hours for between-session support. 24-hour coaching is available for urgent situations.

Comprehensive Accelerated DBT Programing (CAP-DBT) – Open Enrollment

Learn more and register here: www.thevillageofkairos.com/groups/

This intensive 16-week DBT program is designed for adults who need structured support in building essential life skills, improving emotional regulation, and developing healthier relationships. Whether you're transitioning from residential treatment, a higher level of care, or needing increased outpatient support, this accelerated option provides the guidance and tools to help you move forward with confidence and stability—without the long-term commitment of a traditional 12-month DBT program.

Benefits:

- Structured DBT Skills Training for emotional regulation and distress tolerance
- A Supportive Group Environment to practice and apply skills
- Guidance from Experienced DBT Clinicians
- Practical Coping Strategies for managing daily life challenges

Who Is This Program For?

- Individuals seeking more than traditional weekly therapy
- Those transitioning from residential or partial hospitalization programs
- Anyone struggling with emotional dysregulation, impulsiveness, or interpersonal difficulties
- Unable to commit to a 12-month traditional DBT program

Program Details:

- **Structured Schedule:** Attend 3 days a week (Tuesday – Thursday) for 2 hours a day over 16 weeks.
- **Affordable Pricing:** Only \$125 per week for comprehensive DBT support.
- **Expert Guidance:** Led by our trained interns and supervised by Dr. Eboni Webb.

Psychological Evaluation

\$2,000 for full comprehensive testing (includes ADHD/Autism testing)

\$1,000 for ADHD/Autism testing only

Other singular tests are quoted on a case-by-case basis

Logistics:

- Evaluations are scheduled in 3-4 appointments, appointments are between 1-2 hours typically.
- If a minor is receiving the evaluation, a guardian must be on site or be available during the testing period.
- Additional appointments may be requested for supplemental information.
- Payment will be processed at the initial appointment and cover any additional appointments needed.

Billing Procedures & Policies

- **Payment is required on the same day as your appointment.**
- Billing is processed daily by our administrator. **A credit card on file is a requirement.**
- **More than 24-hour** notice is required for cancellation without a fee.
- **Future therapy sessions will be suspended** if your card on file is declined.
- You may request a monthly **Superbill** for insurance reimbursement.

New Client Paperwork:

After services are confirmed, you will receive a link to access your **patient portal**. Within the portal, you will complete **all required new-client intake paperwork**. Once your paperwork is submitted, you will be sent *Dr. Webb's booking link* to schedule **a virtual initial meeting**. Following this meeting, Dr. Webb will **assign your clinician**, who will then contact you to schedule your *intake session*.

If you have any additional questions, please don't hesitate to reach out to us at
intake@thevillageofkairos.com or 615-814-6541

Thank you so much for your time and interest in The Village of Kairos!